



NIHR

Applied Research
Collaboration
North Thames



Involving carers in inpatient treatment of mental illness

Carer involvement in mental healthcare, although best practice, is not routinely implemented. Our training programme and manual for clinical staff:

- was co-developed with service users and carers
- focuses on how to facilitate and chair a session with patients and carers within the first days of admission
- is available online

<https://www.arc-nt.nihr.ac.uk/research/projects/the-nurture-early-for-optimal-nutrition-neon-programme/>



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